

MADGE SEXTON KINDERGARTEN

QUALITY AREA 2: CHILDREN'S HEALTH AND SAFETY

Sun protection in schools and early childhood education services

This policy/procedure must be read in conjunction with the following Department for Education policies/procedures:

• <u>SA.GOV.AU - Sun protection in schools and preschools (www.sa.gov.au)</u>

Purpose

All department school sites and early childhood education and care services must have a sun protection policy in effect for school terms 1, 3 and 4 and whenever ultra violet (UV) radiation levels reach 3 or above. Sites must inform the school community including employees, students, parents and volunteers of the sun protection policy. Children and young people are encouraged to be responsible for their own sun protection.

Using sun protection

The school uses a combination of sun protection measures for all outdoor activities on and off site **during terms 1, 3 and 4** including:

Clothing

Clothing that is cool, loose fitting and made of closely woven fabric is encouraged. This includes shirts with collars and elbow length sleeves, longer style dresses that cover the shoulders and back and shorts.

Sunscreen

Children must arrive at kindergarten wearing SPF 30 or higher broad spectrum, water resistant sunscreen and the kindergarten supplies SPF 30 or higher broad spectrum, water resistant sunscreen for staff and children use.

Sunscreen is applied at least 20 minutes before going outdoors and reapplied every two hours if remaining outdoors.

Strategies are in place to ensure children reapply sunscreen before going outdoors. All children reapply sunscreen at lunchtime.

Families with children who have naturally very dark skin are encouraged to discuss their vitamin D requirements with their GP or pediatrician.

Hats

All children and staff are required to wear hats that protect their face, neck and ears e.g. legionnaire, broad brimmed or bucket hats (MSK has bucket hats for sale) whenever they are outside. Baseball or peak caps are not acceptable.

Hats must not have any under chin strigs/straps/cords as they are a chocking hazard.

Shade

Care is taken during the peak UV radiation times, and outdoor activities are scheduled outside of these times or in the shade where possible. Sports days and other outdoor events to be held during term two or earlier in the day where practical.

Children are encouraged to use available areas of shade when outside.

Children who do not have appropriate hats or clothing are asked to stay indoors, in the shade or a suitable area protected from the sun.

Curriculum

Programs on skin cancer prevention are included in the curriculum for all year levels.

Sun Smart behaviour is regularly reinforced and promoted to the whole kindergarten community through newsletters, kindergarten homepage, parent meetings, staff meetings, student and teacher activities and in enrolment packs.

The information has been extracted from the Cancer Council SA SunSmart policy

Endorsed by Staff & Governing Council: June 2022 / To be reviewed: June 2025